



SEASONS BALI



treating substance dependency





## World class addiction treatment at Seasons Bali

Seasons Bali is a boutique residential program that provides a range of specialist treatment services to individuals suffering from drug and alcohol related problems. It is an exclusive program that only takes a small number of clients at a time. Residents receive intensive one-on-one and small group support in a luxury setting that ensures absolute anonymity.

We are located on the beautiful tropical island of Bali, where the lush surroundings and peaceful atmosphere provide the ideal setting for healing and transformation. Our multi-disciplinary approach includes a range of proven clinical therapies and therapeutic activities as well as leisure, recreation and personal time. By addressing the underlying causes of addiction the goal of treatment is ongoing, long-term recovery.

Our prime location, affordability and high success rate attract clients from all over the world and have helped establish our reputation as one of the world's premier addiction treatment centres.

"My life today has done a complete 180 degree turn around as I am over 2 years drug and alcohol free and I have everything I ever wanted in life like family, friends and a great career. I owe my life to the Seasons program and I am so grateful for all the people involved in helping me getting my life back together." *Sean, 90 day Primary Recovery Program*

### Our Facilities

The Seasons Villa is a private, fully furnished home that bears no resemblance to a hospital or treatment centre. With your own spacious quarters, including bedroom with ensuite, we want to provide you with an environment that allows you to feel comfortable, relaxed and at home throughout your stay. Our world class facilities and ideal surrounds inspire a positive mindset from which to begin your recovery.

The Villa has all the amenities of a holiday retreat including private swimming pools, lush tropical gardens, multiple living areas, wireless internet, air conditioning, fully stocked kitchen, private chef, drivers and housekeeping staff.

### Complete Privacy & Confidentiality

Everything possible is done to maintain your absolute privacy and confidentiality. No-one outside Seasons will ever have access to your details and our properties have no obvious connection to a treatment facility. All our employees and contractors are bound by the strictest of confidentiality agreements and staff never respond to any enquiries about clients while in or post treatment. Your anonymity is our highest priority.

"I came to Seasons with little hope and no direction. I needed to change my life dramatically. Now I see a life without drugs and alcohol and a bright future." *Stephen, 60 day Primary Recovery Program*

## Our People

As well as being trained professionals, our therapeutic staff are also in recovery. This means they have experienced first-hand what residents are going through and have learnt how to lead successful drug and alcohol free lives. We believe this makes them uniquely qualified and better able to help. All of our consulting medical professionals hold international qualifications and are well established General Practitioners or Psychiatrists who specialise in working with people with drug and alcohol problems.

### **Program Founder and Director**

**Richard Smith**

**BA (Psychology) , Grad Dip Soc Sci (Drug Dependence)**

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"One of the best things about the program is the staff. It's such a great team and they're so inspirational. The honesty and openness the program provides helped me to deal with not only the drugs but with life."

*Miguel, 60 day Primary Recovery Program*





## Our Program

The Seasons Bali approach is based on many years of clinical experience and the most up to date research regarding international best practice in the addiction field. Our well-established model of substance abuse treatment has proven successful in restoring the health and wellbeing of addicts and alcoholics for many years. It includes one-on-one counselling, process group work, educational groups, 12 step meetings, CBT, mindfulness, relapse prevention work, exercise and recreation. The program is delivered according to a therapeutic community model, which creates an optimal healing environment.

Seasons Bali has the capacity and expertise to support clients through the entire recovery process from Withdrawal and Primary Treatment through to Transitional Housing and Outpatients services. We also provide support and education to families and loved ones.

Included in the 28, 60 and 90 day Seasons Bali Primary Recovery Program:

- Full Assessment including General Medical Assessment
- Private room with en-suite bathroom in villa style accommodation
- Airport transfers and VIP immigration service
- In-house meals prepared by Seasons Chef
- All transport requirements in Bali
- Personal housekeeping staff
- 12 step meeting attendance
- 24/7 personal support staff
- Process groups
- Educational seminars
- Individual counselling
- Yoga
- Beach fitness
- Wifi

"I've got good goals in life now, proper goals. I don't have to do drugs anymore, I'm so much happier and I've learned life skills that I didn't have before. I've learned so much."

*Bella, 28 day Primary Recovery Program*





Contact US today to speak to one of our Addiction Specialists

For further information please visit our website at  
**[www.seasonsballi.com](http://www.seasonsballi.com)** and contact us by telephone or email.

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Australia: 1300 957 319

UK: +44 208 720 6521

Email: [info@seasonsbali.com](mailto:info@seasonsbali.com)

"To all the staff at Seasons - thanks, thanks and thanks again for saving my life and giving me a new beginning. I am eternally grateful. "

*Adrian, 28 day Primary Recovery Program*







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"This place has changed my life in all aspects and has given me a purpose and the desire to live a productive life and reach my full potential."

- Francis R

"I have been participating at this program since the 6th of April and found this to be one of the most positive decisions I have made in my life so far"

- Shaun P

"I have spent three months soul searching, sorting Mike out and learning to take one day at a time. I now truly love myself and can now love others properly. This realisation to me is real ecstasy! Natural ecstasy!"

- Mike D

"I found that as I acquired new skills and knowledge, I changed my approach to my son which brought about some amazing results. I feel we have a long way to go but I have gained confidence with Richard and Barb's advice, and thank them for their "phone me anytime" ...

- Barry M

"It is with the deepest gratitude that I write this letter of sincere thanks to all members, employees and supporters of your association who have given me the opportunity to live again."

- Samantha P